

February 2010

Mon	Tue	Wed	Thu	Fri
Spaghetti 1 w/Meat Sauce Bread Stick Garden Salad Jell-O w/Whipped Topping	Chicken Nuggets 2 Oven Krinkle Fries Whole Grain Roll Assorted Fruit Juice Bar	Ultimate Nachos 3 Seasoned Brown Rice Garden Salad Assorted Fruit Fresh Baked Cookie	Grilled Cheese 4 Tomato Soup Green Beans Assorted Fruit Non-Fat Yogurt	Stuffed Crust 5 Pizza Garden Salad Assorted Fruit Jell-O w/Whipped Topping
Mozzarella Sticks 8 w/Sauce Bread Sticks Garden Salad Assorted Fruit	Cheese Burger 9 w/Bun Oven Baked Fries Assorted Fruit Juice Bar	Ultimate Nachos 10 Seasoned Brown Rice Garden Salad Assorted Fruit Fresh Baked Cookie	Turkey Sub 11 Buttered Noodles Carrot Sticks Assorted Fruit Juice Bar	Stuffed Crust 12 Pizza Garden Salad Assorted Fruit Jell-O w/Whipped Topping
15 Presidents Day CCA Offices Closed	16	17	18	19
Winter Recess ~ No School				
22 Staff Development No School for Students	Chicken Nuggets 23 Oven Baked Fries Whole Grain Roll Assorted Fruit Juice Bar	Soft Taco 24 Seasoned Brown Rice Corn Assorted Fruit Fresh Baked Cookie	Hot Turkey 25 Sandwich Mashed Potatoes w/Gravy Assorted Fruit Juice Bar	Stuffed Crust 26 Pizza Garden Salad Assorted Fruit Jell-O w/Whipped Topping

***Hot & Spicy Chicken Patty (MS/HS)**

AVAILABLE DAILY

- Peanut Butter & Jelly
- Grilled Cheese
- Hot Dog
- Tuna Sandwich
- Tuna Melt
- Choice of Milk:
 - Skim
 - 2%
 - 1% Chocolate



LUNCH COST

- Grades K-5.....\$1.75
 - Grades 6-12.....\$2.00
 - Adults.....\$3.00
- Milk is included with all lunches**

ENTRÉE ONLY COST

- Grades K-5.....\$1.25
- Grades 6-12.....\$1.50
- Adults.....\$1.85
- Extra Entrée with Lunch.....\$1.00

"Our lunch menus meet or exceed USDA guidelines for child nutrition lunch programs."